



iwalk International *in the* Walk to School **USA**

Champaign–Urbana

Walk ‘n Roll to School Day 2011

Join children and adults around the world to celebrate the benefits of walking.

About our event:

Walk ‘n Roll to School Day Wednesday, October 5th

Why walk or bike?

- Increases physical activity
- Teaches safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Improves the environment
- Reduces traffic congestion, pollution and speed near schools
- Share time with community leaders, parents, and students
- Meet other parents – Parents who walk or bike to school with their kids see it as an ideal way to meet new people

To join the fun or for more information contact:

Cynthia Hoyle at 278-9059

Find out more about Walk to School events in the USA at www.walktoschool.org